

Frank Borao, MD

Education:

Rutgers – New Jersey Medical School - Doctor of Medicine
Montclair State University - Bachelor of Science

Internship/ residency/ fellowship

Institute for Minimally Invasive Surgery – New York Medical College
Advanced laparoscopic gastrointestinal / bariatric surgery fellowship
Monmouth Medical Center and
Newark Beth Israel Medical Center
General surgery residency

Specializations

Minimally invasive general, foregut
Bariatric surgery

Board Certification

Passed the 2010 ABS Recertification Exam (valid until 2021)
Diplomate of the American Board of Surgery
Diplomate of the National Board of Medical Examiners
Fellow of the American College of Surgeons

Hospital affiliations

RWJ BarnabasHealth – Monmouth Medical Center/ Community Medical Center
Hackensack Meridian – Riverview Medical Center/ Jersey Shore University Medical Center

Academic/ Professional Affiliations

American College of Surgeons (ACS)
Society of American Gastrointestinal Endoscopic Surgeons (SAGES)
American Society for Metabolic & Bariatric Surgery (ASMBS)
International Federation for the Surgery of Obesity (IFSO)
Monmouth Surgical Society
The New Jersey Society of Surgeons
New Jersey American Society for Metabolic & Bariatric Surgery (ASMBS) Chapter Member

Administrative positions held

Director of the Center for Esophageal and Gastric Surgery – Monmouth Medical Center
Director of Minimally Invasive Gastrointestinal Surgery – Monmouth Medical Center
Clinical Associate Professor of Surgery - Drexel University School of Medicine

Publications

Unique Case of Intraabdominal Polyorchidism: A Case Study" by Javier Otero, Natalie Ben-Yakar, Biruk Alemayehu, Steven D. Kozusko, Frank Borao and Thomas S. Vates III.

Repair of Flank and Inguinal Hernia in Conjunction with the Bony Anchoring Reinforcement System (BARS). Andrew I. Elkwood, Frank J. Borao, Russell L. Ashinoff, Matthew R. Kaufman, Michael I. Rose, Amit S. Kharod, Steven J. Binenbaum, John Cece, Tushar R. Patel, Leo R. Otake. *Journal of Surgical Technique and Case Reports*. Submitted for publication March 2016.

An argument for routinely performing liver biopsy with bariatric procedures. Kohli, Manpreet K.; Protyniak, Bogdan; Binenbaum, Steven J.; Borao, Frank J.

The American Surgeon, Volume 81, Number 1, January 2015, pp. e40-e42(3).

Laparoscopic Repair of a Giant Paraesophageal Hernia Containing Pancreas. Pham, David V.; Protyniak, Bogdan; Borao, Frank J. *The American Surgeon*, Volume 81, Number 1, January 2015, pp. e16-e17(2).

Analysis of Reoperations After Laparoscopic Adjustable Gastric Banding. [David Chiapaikao](#), MD, [Molly Schultheis](#), MD, [Bogdan Protyniak](#), MD, [Paul Pearce](#), MD, [Frank J. Borao](#), MD, and [Steven J. Binenbaum](#), MD. *Journal of the Society of Laparoendoscopic Surgeons*. 2014 Oct-Dec; 18(4).

Complex Incisional Hernias Repaired in Conjunction With The Bony Anchoring Reinforcement System Prevents Hernia Recurrence. [Andrew I. Elkwood](#), [Frank J. Borao](#), [Russell L. Ashinoff](#), [Matthew R. Kaufman](#), [Michael I. Rose](#), [Amit S. Kharod](#), [Steven J. Binenbaum](#), [John Cece](#), [Tushar R. Patel](#), [Leo R. Otake](#). *European Journal of Plastic Surgery* August 2014, volume 37, Issue 8, pp 431-436.

Laparoscopic Repair of Paraesophageal Hernias: Michael Latzko, Frank Borao, Anthony Squillaro, Jonas Mansson, William Barker, Thomas Baker

Journal of the Society of Laparoendoscopic Surgeons. 2014 Jul-Sep; 18(3)

Endoscopic Submucosal Dissection Training with Ex-vivo Human Gastric Remnants. Pham DV; Shah A; Borao FJ; Gorcey S. *Surgical Endoscopy* 2014; 28(1):222-6

Simultaneous Laparoscopic Paraesophageal Hernia Repair and Sleeve Gastrectomy in the Morbidly Obese. Pham DV; Protyniak B; Binenbaum SJ; Squillaro A; Borao FJ. [Surg Obes Relat Dis. 2014; 10\(2\):257-61.](#)

Totally Laparoscopic Gastrectomy for Gastric Cancer., Theodorus, Train, Goldfarb, Borao. *Journal of the Society of Laparoendoscopic Surgeons* 2013 17 (4) 607-614.

Gastric Pouch Perforation after Gastric Band Prolapse during Pregnancy. Gurdeep S. Matharoo, MD, Samir R. Shah, MD, Steven J. Binenbaum, MD, Frank J. Borao, MD. *Case Report Journal of the Society of Laparoendoscopic Surgeons*, Nov 15, 2014 e2014.00174.

Prospective single-site case series utilizing an endolumenal tissue anchoring system for revision of post-RYGB stomal and pouch dilatation. [Frank Borao](#), [Steven Gorcey](#), [Aaron Capuano](#). *Surgical Endoscopy*, September 2010, Volume 24, Issue 9, pp 2308-2313.

Incisionless Revision of Post-Roux-en-Y bypass stomal and pouch dilatation: multicenter registry results. Horgan, Jacobsen, Weiss, Oldham, Denk, Borao, Gorcey, Watkins, Mobley, Thompson, Spivack, Voellinger, Thompson, Swanstrom, Shah, Haber, Brengman, Schroder. *Surgery for Obesity and Related Diseases*. [Volume 6, Issue 3](#), May-June 2010, Pages 290-295.

Laparoscopic Repair of a Free Perforation of a Marginal Ulcer after Roux-en-Y Gastric Bypass: a Safe Alternative to Open Exploration. Binenbaum, Dressner, Borao. *Journal of the Society of Laparoendoscopic Surgeons* 2007; 11:383-388.

An Alternative Technique for Creating the Gastrojejunostomy in Laparoscopic Roux-en-Y Gastric Bypass: Experience with twenty-eight consecutive patients.

Teixeira J, Borao FJ, Thomas TA, Cerabona T, Artuso, D. *Obesity Surgery* 2000; 3:240-4.

Alternative Operative Techniques in Laparoscopic Roux-en-Y Gastric Bypass for Morbidity. Borao FJ; Thomas, TA, Steichen FM *Journal of the Society of Laparoendoscopic Surgeons* 2001; 5:123-129.

The amino terminus of Cdk2 binds p21. Moskowitz NK, Borao FJ, Dardashti O, Cohen HD, Germino F. University of Medicine and Dentistry of New Jersey, CINJ *Oncol. Res.* 1996; 8(9) 343-52.

Text Book Chapter:

Alternative Operative Techniques in Gastro-Jejunal Bypass in Morbid Obesity. Borao FJ, Thomas TA, Steichen FM. Surgical textbook chapter in Kremer- *Minimally Invasive Abdominal Surgery*. Thieme, New York, 2001.

Awards

“NJ Top Docs” – 2019

Listed in New Jersey Monthly magazine under the “Top Doctors” for Bariatric Surgery (Nov 2018)

Listed in New Jersey Monthly magazine under the “Top Doctors” for Bariatric Surgery (Nov 2017)

Listed in New Jersey Monthly magazine under the “Top Doctors” for Bariatric Surgery (Nov 2016)

Listed in New Jersey Monthly magazine under the “Top Doctors” for Bariatric Surgery (Nov 2015)

New York Metro Area Top Doctors 2014 - Castle Connolly

Listed in New Jersey Monthly magazine under the “Top Doctors” for Bariatric Surgery (Nov 2014)

Listed in New Jersey Monthly magazine under the “Top Doctors” for Bariatric Surgery (Nov 2013)

New York Metro Area Top Doctors 2013 - Castle Connolly

Listed in New Jersey Monthly magazine under the “Top Doctors” (2012)

New York Metro Area Top Doctors 2012 - Castle Connolly

Named in “Guide to America’s Top Surgeons” 2012 edition. Consumer’s Research Council of America

Listed in New Jersey Monthly magazine under the “Top Doctors” for Bariatric Surgery (November 2011)

New York Metro Area Top Doctors 2011 - Castle Connolly

Named in “Guide to America’s Top Surgeons” 2011 edition. Consumer’s Research Council of America.

New York Metro Area Top Doctors 2010 - Castle Connolly

Received the American Registry 2010 Patient’s Choice Award

Top Doctors New York Metro Area 13th Ed. Jan 2010. Selected by Castle Connolly Medical Ltd

Listed in New Jersey Monthly magazine under the “Top Doctors” for Bariatric Surgery (2010)

New York Metro Area Top Doctors 2009 - Castle Connolly

New York Metro Area Top Doctors 2008 - Castle Connolly

Named in "Guide to America's Top Surgeons" 2007-2008 edition. Consumer's Research Council of America.

New York Metro Area Top Doctors 2007 - Castle Connolly

Listed in New Jersey Monthly magazine under the "Top Doctors" (November 2007)

New York Metro Area Top Doctors 2006 - Castle Connolly

Named in "America's Top Doctors" – Castle Connolly Guide 2006

Named in "Guide to America's Top Surgeons" 2005–2006 edition. Consumer's Research Council of America

New York Metro Area Top Doctors 2005 - Castle Connolly

Listed in New Jersey Monthly magazine under the "Top Doctors 2005" (September 2005)

Named in "America's Top Doctors" – Castle Connolly Guide 2005.

Monmouth Medical Center Chairman's Award to the attending surgeon recognized for innovation and clinical excellence – June 2005

Named in "Guide to America's Top Surgeons" 2004–2005 edition. Consumer's Research Council of America.

Winner of the "TOP GUN" award at the Yale University laparoscopic skills camp directed by Dr. James Rosser (February 2000).

Recipient of the Dr. Cyril S. Arvanitis award given to the surgical resident who has epitomized the important virtues of dependability, efficiency and promptness in the conduct of his work (June 1999).

Resident Achievement Award from the Society of Laparoendoscopic Surgeons (1998).

First prize winner for best housestaff paper at Monmouth Medical Center: *Intraoperative Quantitative Assessment of the Adequacy of Axillary Lymph Node Dissection using Faxitron Imaging* (1998).